

DFAS annual symposium

28 November 2025

Foot & Ankle Sports Injuries: Innovations in Prevention, Treatment & Recovery

09.00 Opening remarks

- 09.10 Lateral instability of the ankle
- 09.40 Questions and discussion
- 09.50 Medial instability of the ankle
- 10.20 Questions and discussion

Matteo Guelfi

Jordy Vega

10.30 Coffee break

- 10.50 Tendinopathy sports-related
- 11.20 Questions and discussion
- 11.30 Cartilage lesions
- 12.00 Questions and discussion

Oliver Michelsson

Bruno Pereira

12.10 Lunch

- 13.00 Stressfractures
- 13.30 Questions and discussion
- 13.40 How to optimize our recovery sports-related
- 14.10 Questions and discussion
- 14.20 How to approach an athlete?
- 14.50 Questions and discussion
- 15.00 achillestendonrupture: is there still a place for conservative management in athletes?

Gino Kerkhoffs

Jiri Rutten

Edwin Goedhart

Helka Koivu

15.30 Closing remarks

15.40 Drinks

Location:
Conference center De Ruwenberg
St. Michielsgestel
The Netherlands

Faculty

- Dr. Matteo Guelfi Orthopedic surgeon Genova, Torino, Italy
- Dr. Jordy Vega Orthopedic surgeon Barcelona, Spain
- Dr. Oliver Michelsson Orthopedic surgeon Helsinki Finland
- Prof dr. Bruno Pereira Orthopedic surgeon Porto, Portugal
- Prof. dr. Gino Kerkhoffs Orthopedic surgeon AMC Amsterdam
- Jiri Rutten Physiotherapist Utrecht
- Dr. Edwin Goedhart Chief Medical Officer Royal Netherlands Football Association
- Dr. Helka Koivu Orthopedic Surgeon Helsinki, Finland